

# HOME OF THE NORSEMEN



## MEETING INFORMATION PACKET Spring 2023

The purpose of this packet is to present a variety of information that is needed for parents/guardians throughout the athletic season. The information in this packet will aid in assisting parents/guardians to understand responsibilities, expectations, policies and procedures.

## **GPN SPORTS WEBSITE!!**

**Go To: Grosse Pointe North's Home Page**  
**Click on "Athletics"**

**Get all your GPN Athletic information here!  
You will find updated schedules, tryout information,  
Macomb Area Conference standings and more.**

# NAMES AND CONTACTS

## Spring Coaches

BOYS VARSITY BASEBALL	Kevin Shubnell	<a href="mailto:shubnek@gpschools.org">shubnek@gpschools.org</a>
BOYS JV BASEBALL	Dennis Pascoe	<a href="mailto:pascoed@gpschools.org">pascoed@gpschools.org</a>
BOYS FRESHMAN BASEBALL	Phil Kozlowski	<a href="mailto:kozlowP@gpschools.org">kozlowP@gpschools.org</a>
CREW-BOYS	Eric Dilworth	<a href="mailto:DilworE@gpschools.org">DilworE@gpschools.org</a>
CREW-GIRLS	Mike Gentile	<a href="mailto:GentilM@gpschools.org">GentilM@gpschools.org</a>
BOYS GOLF	James Hansinger	<a href="mailto:HansinJ@gpschools.org">HansinJ@gpschools.org</a>
BOYS LACROSSE	Mark Seppala	<a href="mailto:seppalM@gpschools.org">seppalM@gpschools.org</a>
GIRLS VARSITY LACROSSE	Gabrielle D'Angelo	<a href="mailto:DangelE@gpschools.org">DangelE@gpschools.org</a>
GIRLS JV LACROSSE	TBD	
SAILING	Dan Klaasen	<a href="mailto:KlaaseD@gpschools.org">KlaaseD@gpschools.org</a>
GIRLS VARSITY SOCCER	Olivia Dallaire	<a href="mailto:DallaiO@gpschools.org">DallaiO@gpschools.org</a>
GIRLS JV SOCCER	Marty Shearer	<a href="mailto:SheareM@gpschools.org">SheareM@gpschools.org</a>
GIRLS VARSITY SOFTBALL	Ron Smith	<a href="mailto:SmithRon@gpschools.org">SmithRon@gpschools.org</a>
GIRLS JV SOFTBALL	Amy Zaranek-Gaidis	<a href="mailto:GaidisA@gpschools.org">GaidisA@gpschools.org</a>
GIRLS VARSITY TENNIS	John VanAlst	<a href="mailto:Vanalsj@gpschools.org">Vanalsj@gpschools.org</a>
GIRLS JV TENNIS	Sebastien Foka	<a href="mailto:FokaS@gpschools.org">FokaS@gpschools.org</a>
VARSITY BOYS TRACK	Eric Eplin	<a href="mailto:epline@gpschools.org">epline@gpschools.org</a>
VARSITY GIRLS TRACK	Diane Montgomery	<a href="mailto:montgod@gpschools.org">montgod@gpschools.org</a>

### **Athletic Department**

313-432-3217  
313-432-3218

Athletic Office  
Fax

### **Michelle Davis**

313-432-3255  
[davism@gpschools.org](mailto:davism@gpschools.org)

Athletic Director/Assistant Principal  
Direct Line  
Email

### **Teresa Bennett**

313-432-3217  
[bennett@gpschools.org](mailto:bennett@gpschools.org)

Administrative Assistant/Athletic Secretary  
Direct Line  
Email

### **Brigitte Scarber**

313-432-3384  
[scarbeb@gpschools.org](mailto:scarbeb@gpschools.org)

Athletic Trainer  
Direct Line  
Email

**Athletic Announcement Showcase:** This showcase is located in the hallway across from the counseling center showcases by the board office. This is used by student-athletes to find out information about athletic contests.

## **Building Administrators**

**Dr. Kathryn C. Murray**

murrayk@gpschools.org

**Mr. Geoffrey Harris Young**

youngg@gpschools.org

**Mrs. Katy Vernier**

vernieca@gpschools.org

**Mrs. Michelle Davis**

davism@gpschools.org

Principal

Assistant Principal

Assistant Principal

Assistant Principal/Athletic Director

**Please take the time to obtain coach's contact information for your records. It is best to directly communicate with the coaching staff. Please see attached sheet on page 2 of this packet for their email addresses.**

## **Athletic Dates to Remember**

**Please go to Athletic Website for list of important dates**



### **Team Picture Dates**

Coaches will communicate this date with you.

### **Game Admission Fees**

All Games – All Levels – \$5.00 (if online ticketing is utilized service fees could apply)

FREE – K-5<sup>th</sup> grades, Infants, Toddlers and Senior Citizens

**Note:** MHSAA Tournament Entry Fee TBD by the MHSAA - No Passes, No Exceptions-(if online ticketing is utilized service fees could apply)

**Participation Fees: The rate this year is \$220**

For those students participating in high school athletics:

Due to the reduction in the district athletic budget, it has become necessary to charge a participation fee for those students wishing to participate in high school athletics. This fee allows us to maintain the scope of programs we provide, allowing students to have a wide variety of opportunities for involvement in activities beyond the school day. The participation fee per sport is \$220 with a family cap in one school year of \$880. However, if you qualify for reduced lunch, the fee is \$50 with the family cap of \$100 and if you qualify for free lunch, the fee is \$25 with the family cap of \$50.

**Register online by going to the: North Homepage**

**Click on “Athletics”**

**Under Quick Links Go To: “Family ID - Register and Participation Fees”**

This must be done to complete the online registration and pay the participation fee to be eligible to play. **Note: Payments should not be made until a student has joined or been selected by a team.**

**IMPORTANT: Please be aware that the fee does not guarantee playing time, only the opportunity to be on the team if selected.**

**ALL SPRING SPORTS: Fee Due: Please see due date below**

<b>Sports:</b>	<b>Start Date:</b>	<b>Payment Due:</b>
Spring	March 13, 2023	April 5, 2023

**MHSAA LIMITED TEAM MEMBERSHIP:**

The MHSAA has limited team membership guidelines. If your athlete is participating in a sport at North, and is also participating in the same sport during the same season (club or travel) please inform the athletic office and your North coach. For example, playing volleyball for North in the fall and also on a club volleyball team, access to the high school sport may be denied. You can also visit the MHSAA website or the North Athletic page for further details.

## Sports Registration Information

This message is for families with children participating in sports at Grosse Pointe North. We are excited to announce that Grosse Pointe North is now offering the convenience of online registration through FamilyID ([www.familyid.com](http://www.familyid.com)) for our sport programs. FamilyID is a secure registration platform that provides you with an easy, user-friendly way to register for our sport programs and helps us to be more administratively efficient and environmentally responsible.

**Registration must be done using a laptop – no mobile devices.** When you register through FamilyID, the system keeps track of your information in your FamilyID profile. You enter your information only once for each family member for multiple uses and multiple programs. **DO NOT register/pay for your child until they have tried out and made a team.**

As in the past, students must have a completed hard copy of the MHSAA Medical History form (physical form) and emergency gold card prior to try-outs. The completed physical form and gold card must be brought to the Athletic Office for approval before tryouts. The medical history form will remain on file in the Athletic Office and the gold card will be stamped and returned to the athlete to be given to the coach on the first day of tryouts.

Once your child has tried out and been accepted on a team a parent/guardian can proceed to register by going to the Grosse Pointe North homepage and clicking on **ATHLETICS**. Under “Quick Links” click on “Family ID - Register and Participation Fees” to complete the online registration and to pay the participation fee.

### **“This is the only form of Payment that will be accepted to Participate”**

#### **DIRECTIONS FOR NEW FAMILIES:**

1. To find your program, click on the link above and select the registration form under the word *Programs*.
2. Next click on the blue *Register Now* button and scroll, if necessary, to the *Create Account/Log In* blue buttons. If this is your first time using FamilyID, click *Create Account*. Click *Log In*, if you already have a FamilyID account.
3. Create your secure FamilyID account by entering the account owner First and Last names (parent/guardian), E-mail address and password. Select *I Agree* to the FamilyID Terms of Service. Click *Create Account*.
4. You will receive an email with a link to activate your new account. (If you don't see the email, check your E-mail filters spam/junk etc)
5. Click on the link in your activation E-mail, which will log you in to FamilyID.com
6. Once in the registration form, complete the information requested. All fields with a *red\** are required to have an answer.
7. Click the *Save & Continue* button when your form is complete.
8. Review your registration summary. Please do not submit the registration until the student is accepted to a team and you have paid the participation fee.
9. Click the blue *Submit* button. After selecting 'Submit', the registration will be complete. You will receive a completion email from FamilyID confirming your registration. Once registration is complete you can continue onto payment as indicated in numbers 5 and 6 below.

**At any time, you may log in at [www.familyid.com](http://www.familyid.com) to update your information and to check your registration(s). To view a completed registration, select the 'Registration' tab on the blue bar.**

#### **DIRECTIONS FOR RETURNING FAMILIES:**

You may use the information you submitted in previous seasons to save time with future registrations. Please use the following steps:

- 1) Click on the Current Season registration form on your school's FamilyID Landing page.
- 2) Login using the e-mail address and password you created last season and choose the sport
- 3) Click on "Click to Select or Create Participant" and pick your child's name.
- 4) Update information and answer new questions, if necessary then sign-off on agreements.
- 5) To proceed to the summary page click “Continue” where you will then click “Pay and Submit”
- 6) On the Cart/Checkout page click PayPal. If you do not want to pay with PayPal, then click “Pay with Debit Card or Credit Card” below the PayPal button on the next page. Fill out the credit card information and click “Continue.”

**SUPPORT: If you need assistance with registration, contact FamilyID at: [support@familyid.com](mailto:support@familyid.com) or 800-311-4060 x3. Support is available on weekdays and messages will be returned promptly. Family ID is NOT the Athletic Office's Platform and cannot assist with platform difficulties.**

## TRANSPORTATION

For the 2022-2023 school year, the transportation needs will be served by Trinity Transportation Company. Teams will be required to share transportation arrangements when necessary. There will be times when the freshmen, JV and Varsity teams will have to ride the same bus. Saturday transportation will be minimized. Drop offs may be arranged for contests under 1 hour away. Larger teams will have at least one round trip bus.

All students must ride **TO and FROM** the games on the school sponsored bus unless it is a scheduled drop.

If a student needs to leave an athletic contest early or wishes to ride home with a parent/guardian please submit the request in writing to the head coach. You can submit via text message or email.

### Supervision:

Only coaching staff members can ride and supervise the bus when traveling to away contests. Parents are not allowed to ride and/or supervise the bus. If necessary, they must complete the appropriate district paperwork.

Permission Slips: By registering for and paying participation fee through Family ID, you are automatically authorizing permission to travel with teams.

### Round Trip and Drop Offs:

When possible, drop-offs will be arranged. This means the bus only picks the team up from North and travels to the game site. The parents/guardians are responsible for taking the student-athletes home from the game site. Permission slips are required if teams are carpooling from the game site back to the Grosse Pointe North area.

Round-trips will carry the team to and from the away game site. Coaches will communicate with student-athletes and parents/guardians in a timely manner about the bus arrangements.

## ATHLETIC TRAINER

The athletic trainer is responsible for the care and prevention of athletic injuries. Please make every effort to follow her/his guidelines. A clearance note from the doctor must be received by the athletic office or athletic trainer before the student-athlete can return back to regular participation. Notes from parents are not acceptable.

A formal clearance note must be on file. A student-athlete cannot return to participation before the date designated by the doctor. We do not want to cause additional injuries to the student athlete.

\*\*Coaches are not allowed to determine the medical status of a student athlete. This will be handled by the athletic trainer on staff at the event.

## CONCUSSION PROTOCOL

Under National Federation Playing Rules and the Michigan High School Athletic Association, **any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion** (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be **immediately removed from the contest and shall not return to play until cleared by an appropriate health care professional.**

## **Summary of protocol for GPN Athletics:**

- 1) **The officials will have no role in determining concussion** other than the obvious one where a player is either unconscious or apparently unconscious as is provided for under the current rule. Officials will merely point out to a coach that a player is apparently injured and advise that the player should be examined by a health care provider for an exact determination of the extent of injury.
- 2) If it is confirmed by the **school's designated health care professional** (The athletic trainer and/or team doctor) that the student did not sustain a concussion, the head coach may so advise the officials during an appropriate stoppage of play and the athlete may reenter competition pursuant to the contest rules.
- 3) Otherwise, if competition continues while the athlete is withheld for an apparent concussion, that athlete may not be returned to competition that day but is subject to the return to play protocol.
- 4) The Athletic Trainer will give the parent/guardian a MHSAA return to competition form to be completed by a doctor.
- 5) **Only an MD or DO** may clear the individual to return to competition.
- 6) The clearance must be in writing. The clearance will be submitted directly to the Athletic Trainer and Athletic Director. They will communicate to the coaching staff the clearance of the athlete.
- 7) The clearance **may not be on the same date** on which the athlete was removed from play.

## **ACADEMIC AND BEHAVIOR EXPECTATIONS**

It is expected that the coaching staff enforces discipline related to academic and school behavior issues of student-athletes. The athletic director will consult with the coaching staff about the appropriate discipline necessary. The coaching staff is expected to follow the agreed upon discipline plan.

GPN has a 7-hour school day. At the semester marking, a student must be passing 5 out of the 7 (66%) classes. Previous standard required a student to be passing 4 out of 7 classes to be eligible.

We are all here to ensure that each student has an opportunity to obtain a well-rounded educational experience. In order to achieve this goal, it is essential that ALL of us communicate, collaborate and cooperate.

**ALL OF US** = student-athletes, parents, teachers, counselors, coaches, student support staff, administrators, and community members.

In collaboration and cooperation with individuals in the Grosse Pointe North high school community, the athletic department will take an active role to ensure that student-athletes are fully supported in their effort to meet academic standards and goals. The athletic department, including coaches, desires to work in partnership with teachers, counselors, student support staff and parents in this regard. Teamwork is the objective!

Please contact the Athletic Director to discuss any concerns or issues that you may have regarding a student-athlete's academic performance and/or classroom behavior.

## **REQUIRED DAILY ATTENDANCE**

Students must be in attendance 4 of the 7 class periods during a given school day in order to be able to participate in a practice or competition on that same day.

## STUDENT ATHLETE CODE OF CONDUCT

Participation in athletics is a privilege and all athletes are subject to the Athletic Code of Conduct from the moment they begin participation in athletics until graduation. The policy regarding academic eligibility, unacceptable behavior and substance abuse is in effect for 365 days a year and includes violations, which occur off school grounds. Please refer to the Grosse Pointe Public School System Athletic Codes of Conduct document on the GPPSS website.

### **Please note additions to the Athletic Code of Conduct:**

Students and parents/guardians should be aware of the prohibition against possession and/or use of performance-enhancing substances, as defined by the National Collegiate Athletic Association (NCAA) or applicable law. A list of NCAA banned substances is available on the athletic website. The consequences for substance abuse include, (but are not limited to) 20% suspension from contests (1<sup>st</sup> offense), 40% suspension from contests (2<sup>nd</sup> offense), and permanent suspension from all involvement in athletics (3<sup>rd</sup> offense). All consequences include a counseling requirement provided by the school district.”

### Student-Athlete Registration/Paperwork

**BOTH items below MUST be completed before a student can try-out or participate on any sports team at Grosse Pointe North High School.**

#### Gold Cards (Emergency Contact Information)

- Gold Cards must now be filled out by parents/guardians & students.
- A member of the coaching staff will be responsible for the Gold Card information and should have it available at practices & all games.
- Coach will return the Gold Card to the Athletic office after their season is over and the student athlete will need to pick it up to take to a new coach if they are going to play a Winter or Spring sport.
- This process must be done each school year and is good for all 3 sports seasons.

#### Physicals

- A physical is needed for a student-athlete to participate in try-outs/practices for all sports.
- Each athlete must have a physical dated AFTER April 15<sup>th</sup> of the current school year. (i.e. 2022-2023 Season the physical date must be after April 15, 2022.)
- Bring your completed physical form to the athletic department along with the Emergency “Gold Card” to receive a stamped confirmation to take to your coach.
- Blank physical forms and Emergency Gold Cards are located in the Athletic Department or on the Athletic Website. This can be accessed from the North Homepage.

#### Early Dismissals

Please remind your student-athlete of the correct time and make sure they know they are expected to report and remain in class until the exact dismissal time. (If 7<sup>th</sup> period begins at 2:15 and their dismissal time is 2:20, they are expected to report to class for attendance and to hand in assignments and/or pick up assignments). **Important:** Students are required to make arrangements to get their assignments prior to leaving school when they have an early dismissal. They **do not** get an extra day to make up assignments.



# **SPORTS AND TEST DATE CONFLICTS PLAN AHEAD!**

## **2022-23 NATIONAL TESTING DATES**

Please advise students of the 2022-23 test date schedule. Your students should be aware of athletic tournament dates and should attempt to schedule their respective test date away from tournament dates of the sport or sports in which they are interested and participate. Following are test dates for 2022-2023 (publicized as of April 2022) and dates where tournaments would create conflict.

### **ACT ASSESSMENT DATES - CONFLICTS**

September 10, 2022 -- None

October 22, 2022 -- Boys Soccer Districts

December 10, 2022 -- None

February 11, 2023 -- Wrestling Individual Districts

April 1, 2023 -- None

June 10, 2023 -- Baseball Regionals & Quarterfinal, Softball Regionals, Golf Finals, Boys Lacrosse Finals, Girls Lacrosse Finals, Girls Soccer Regionals

July 15, 2023 -- None

### **SAT TESTING DATES - CONFLICTS**

August 27, 2022 -- None

October 1, 2022 -- None

November 5, 2022 -- Football 11-player Districts, Cross Country Finals, Boys Soccer Finals

December 3, 2022 -- None

March 11, 2023 -- Gymnastics Finals, Ice Hockey Finals, Boys Swim & Dive Finals

May 6, 2023 -- None

June 3, 2023 -- Baseball Districts, Softball Districts, Girls Soccer Districts, Boys Golf Regionals, Girls Lacrosse Regionals, Boys Lacrosse Quarter Finals, Girls Tennis Finals, Track and Field Finals

### **PSAT/NMSQT DATES - CONFLICTS**

October 12, 2022 (During School) – Boys Soccer Districts

April 12, 2023 (During School) - None

### **AP EXAM DATES - CONFLICTS**

May 1-5, & 8-12, 2023 -- None

*(Advanced Placement Exams are administered over a five-day period for each subject)*